# LIZELLE KEYSER Paediatric Occupational Therapist

#### WHAT IS NEWS?

In this handout we are looking at a variety of visual subjects such as visual processing, visual perception, screen time and Irlen Syndrome.

#### **CPD: Course & Webinars**

Visual perception in the classroom webinar (free) https://youtu.be/nyqiS96txQk

New Horizons Vision Therapy centre: Various webinars with regards to visual attention and visual perceptual skills (free).

http://www.newhorizonsvisiontherapy.com/category/webinar/

Irlen Syndrome and Visual Processing: Awareness for Educators Webinar. <a href="https://home.edweb.net/webinar/irlen-syndrome-visual-processing/">https://home.edweb.net/webinar/irlen-syndrome-visual-processing/</a>

Dr. Phil Nicholson's webinar on an undiagnosed vision problem could be interfering with your child's ability to learn or stay on task (even with 20/20 eyesight). http://www.visuallearningcenter.com/new-webinar/

#### **News & Articles**

Learning Triangle: Without vestibular, visual and auditory working together learning fails <a href="https://ilslearningcorner.com/2016-06-learning-triangle-without-vestibular-visual-auditory-working-together-learning-fails/">https://ilslearningcorner.com/2016-06-learning-triangle-without-vestibular-visual-auditory-working-together-learning-fails/</a>

#### Oculomotor dysfunction

https://ilslearningcorner.com/2016-06-oculomotor-dysfunction-why-my-child-skips-words-canter-cross-the-midline-experiences-double-vision/

How to recognize a visual processing disorder in your child <a href="https://ilslearningcorner.com/2016-05-how-to-recognize-a-visual-processing-disorder-in-your-child/">https://ilslearningcorner.com/2016-05-how-to-recognize-a-visual-processing-disorder-in-your-child/</a>

Visual processing disorders: 8 Visual processing disorders to watch out for <a href="https://ilslearningcorner.com/2016-06-visual-processing-disorders-8-vis

Visual spatial skills: Child's navigation toolkit for reading and maths <a href="https://ilslearningcorner.com/2017-01-visual-spatial-skills-childs-navigation-toolkit-reading-math/">https://ilslearningcorner.com/2017-01-visual-spatial-skills-childs-navigation-toolkit-reading-math/</a>

BBC news article about School changing furniture to reduce visual sensory overload <a href="https://www.bbc.co.uk/news/uk-england-leicestershire-49815436?fbclid=lwAR39GepJ\_dDM">https://www.bbc.co.uk/news/uk-england-leicestershire-49815436?fbclid=lwAR39GepJ\_dDM</a> <a href="https://www.bbc.co.uk/news/uk-england-leicestershire-49815436?fbclid=lwAR39GepJ\_dDM">https://www.bbc.co.uk/news/uk-england-leicestershire-49815436?fbclid=lwAR39GepJ\_dDM</a> <a href="https://www.bbc.co.uk/news/uk-england-leicestershire-49815436?fbclid=lwAR39GepJ\_dDM">https://www.bbc.co.uk/news/uk-england-leicestershire-49815436?fbclid=lwAR39GepJ\_dDM</a> <a href="https://www.bbc.co.uk/news/uk-england-leicestershire-49815436?fbclid=lwAR39GepJ\_dDM">https://www.bbc.co.uk/news/uk-england-leicestershire-49815436?fbclid=lwAR39GepJ\_dDM</a> <a href="https://www.bbc.co.uk/news/uk-england-leicestershire-49815436?fbclid=lwAR39GepJ\_dDM">https://www.bbc.co.uk/news/uk-england-leicestershire-49815436?fbclid=lwAR39GepJ\_dDM</a>

Tel: 078 6634 1659 Email: lizellekeyserot@gmail.com

### **LIZELLE KEYSER**

#### **Paediatric Occupational Therapist**

Screen time is literally changing children's brains

https://futurism.com/neoscope/new-research-screen-time-changing-childrens-brains

#### **Journals**

Relationship between screen-time and hand function, play and sensory processing in children without disabilities aged 4–7 years: A exploratory study https://doi.org/10.1111/1440-1630.12650

#### **Products**

Mixed colours reading rulers - 10 pack

https://www.tts-group.co.uk/mixed-colours-reading-rulers-10pk/SD07553.html

Glow Company Sensory toys

https://www.glow.co.uk/sensory-toys-lighting.html

Visual Discrimination resources

https://www.tts-group.co.uk/primary/sen-special-direct/dyslexia/visual-discrimination/

Visual Memory resources

https://www.tts-group.co.uk/primary/sen-special-direct/dyslexia/memory-sequencing/

#### Apps

Visual Attention Therapy Lite App

https://apps.apple.com/us/app/visual-attention-therapy-lite/id554546572

Dots: a game about connecting App

https://apps.apple.com/us/app/dots-a-game-about-connecting/id632285588

#### Websites of Interest

Eye can Learn: website with lots of specific online visual skills activities

http://eyecanlearn.com/

Irlen syndrome: (It is important to have a basic knowledge about irlen Syndrome, if you work

with children with Autism) http://www.irlenuk.com/

https://www.irlensyndrome.org/

## Professionals specialising in visual difficulties

Occupational Therapist: Assess and assist with visual perceptual difficulties, visual processing difficulties and Visual impairments

Behavioural Optometrist: The role of

http://babo.co.uk/patients/

Optometrist: The role of

Tel: 078 6634 1659

Email: lizellekeyserot@gmail.com

Lizelle Keyser OT Ltd. Company Number: 12010973 Registered: Company House, Cardiff

# LIZELLE KEYSER Paediatric Occupational Therapist

https://www.college-optometrists.org/the-college/media-hub/news-listing/the-role-of-your-optometrist.html

Ophthalmologist: The role of

https://www.rcophth.ac.uk/about/what-is-ophthalmology/what-is-an-ophthalmologist/

#### **Activity ideas**

Twinkl: Visual Perception worksheets

https://www.twinkl.co.uk/search

Visual Perception skills worksheets

https://www.edhelper.com/visual\_skills.htm

Your therapy source: Free visual perception activity printables

https://www.vourtherapysource.com/visual-perception-activities-free-printables/

The OT toolbox: Visual perception Printables

https://www.theottoolbox.com/free-visual-perception-packet/

OT Mom: Visual perception Printables

https://www.ot-mom-learning-activities.com/visual-perceptual-worksheets.html

### Any other interesting bits....

DIY ways to meet your child's sensory needs at home:

https://www.edutopia.org/article/div-ways-meet-childs-sensory-needs-hom

87 Energy-busting indoor games:

https://whatmomslove.com/kids/active-indoor-games-activities-for-kids-to-burn-energy/

Please do not hesitate to contact me if you require any further advice or have questions.

Kind regards,

# Lizelle Keyser

**Independent Occupational Therapist** 

Date: June 2020

Tel: 078 6634 1659 Email: lizellekeyserot@gmail.com

Lizelle Keyser OT Ltd. Company Number: 12010973 Registered: Company House, Cardiff